

THE ABSURDITY OF BEING YOU

Rebel Elegance for the Evolving Soul

FAQs

What is the book all about ?

The Absurdity of Doing You is a call-to-action inviting readers to acknowledge themselves as a sovereign human being existing in a largely illusory world where life and society coaxes us to be anything but ourselves. This play book unapologetically suggests that we do it anyway in the most meaningful and rebellious manner, achieving something as it is about the learning, unlearning, and evolution of the soul- -a progression towards leaving a unique mark on humanity.

With our human pre-conditions and pre-dispositions, this book shows the fear of facing and confronting ourselves with those less societally-conventional traits, and how the inability to accept, examine, and integrate traits and behaviors and suppressing or denying them will be reflected through the lessons that show up for you throughout your life.

It is a courageous act to show up in the world stripped of all of those limitations. Some would argue that it is absurd to think we can ever show up fully as ourselves in a society that monetizes our suffering and misalignment to our higher self. Authenticity is not only a privilege but a superpower, something that isn't often afforded to anyone, let alone women whether in society-at-large or at work.

This book examines several anecdotes, recollections, and reflections that are based on my life's journey to date, a personal testament to how being yourself leads to some of your darkest days but unlocks blessings and abundance well beyond what you can imagine. A call-to-action that invites you to acknowledge yourself as a sovereign human being in a largely illusory world, this book coaxes you to come into acceptance of what you truly desire and want out of life while examining the steps you need to take towards being the fullest embodiment of yourself so that other people may learn from you.

This is a sacred testament of how I came into prominence, the synchronicity of the unfolding of every experience in my life and the importance of becoming your authentic self, slaying generational trauma, weather a spiritual awakening while raising three children, go through a divorce, experience heartbreak twice all while growing a successful business. This is a story of endurance and walking through fire and brimstone of my existence to one of the most abundant and luminous stages of life in a seemingly effortless way.

At my core, I am an eccentric, otherworldly, haphazard human who has used those aspects of me to strengthen me, but not much different from any teen or adult struggling to accept themselves. The main difference with me is that I have trusted myself more than the average and have come into acceptance for who I am and who I am not. I want to empower people to live audaciously through this book.

Life is beautiful once you understand the game you are playing.

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About the Author

JANINE NICOLE DENNIS IS THE OWNER AND CHIEF INNOVATIONS OFFICER AT TALENT THINK INNOVATIONS, LLC, A MULTIDISCIPLINARY BUSINESS STRATEGY AND MANAGEMENT CONSULTING FIRM DEDICATED TO HELPING BUSINESSES AND INDIVIDUALS.

SHE HAS BEEN FEATURED IN HBR, THRIVE GLOBAL, BUSTLE, FAST COMPANY, ENTREPRENEUR, BLACK ENTERPRISE, NEWSDAY, AND USA TODAY.

Who is this book for?

This book is written for women, womxn, humans who identify as a woman, and young girls from 18-64 years old. While this book is targeted primarily to a spectrum of women, this could well be read by men of all ages. This book is also for parents who can use this book as a tool as it illustrates the ways how our formative ways can shape and impact a person. My story shows how we are conditioned to parent and show up in a world, cultivate stronger bonds with their children and how generational trauma is passed on unintentionally from generation to generation.

How do I get a copy of the book?

The book will be available for pre-order on Amazon. The pre-order date is TBD.

I run an organization and would love to have the author as a keynote speaker in one of our online conferences. How can I book Janine for events and conferences?

You can reach out to MaryAnne Lim at info@talentthinkinnovations.com

Which publishing company will publish this book?

The Absurdity of Doing You : Rebel Elegance for the Evolving Soul will be published by Atmosphere Press.

Where can I find more of the author's works?

You can find out more about Janine Nicole Dennis at www.talentthinkinnovations.com.

You can also follow her across social media at @MzJanineNicole and @hlflovestory. Catch her in action AnchorFM for her "Growth on my Terms" podcast.